

Guidebook Start of Stage	Night of Trip	Name	Phone	Email	Website	Description
1		Berghotel Schynige Platte	033 828 73 73	hotel-schynigeplatte@jungfrau.ch	http://hotelschynigeplatte.ch	36b: May– Oct
	1	2hrs 35mins: Berghütte Männlenen (Weber Hut)	033 853 44 64	reichen.weberhuette@swissonline.ch	www.berghaus-maendlenen.ch	30d: end June– mid-Oct
		1hr 20mins: Berghotel Faulhorn	033 853 27 13		www.berghotel-faulhorn.ch	16b, 80d: end June– mid-Oct
2	2	1hr 45mins: Berghaus First	033 853 12 84	berghausfirst@grindelwald.ch	www.berghausfirst.ch http://www.berghaus-maendlenen.ch/4555/index.html?action=followup	87d: mid-May– end Oct
		1hr 15mins: Berghotel Grosse Scheidegg	033 853 67 16	gr.scheidegg@bluewin.ch	www.scheidegg.ch.vu	b, 50d June– mid-Oct
	3	+ 3-3 ½ hrs: Gleckstein Hut	033 853 11 40	info@gleckstein.ch	www.gleckstein.ch http://map.schweizmobil.ch/?layers=&bgLayer=pk&scale=25000&X=649332.292138&Y=1649332	100d: mid-June– end-Sept
3	4	1hr 30mins: Hotel Wetterhorn	033 853 12 18	wetterhorn@grindelwald.ch	www.hotel-wetterhorn.ch	15b, 30d
		+ 2 ½ hrs: Berghaus Bäregg	033 853 43 14	info@baeregg.com	www.baeregg.com	28d: June– Oct
		Many Hotels in Grindelwald			www.gimmelwald.ch/e/accommodation/accommodation.htm	
4	5	5hrs: BERGHAUS ALPIGLEN, Alpiglen	033 853 11 30	mail@alpiglen.ch	www.alpiglen.ch	22b, 40d: mid-May– mid-Oct & mid-Dec– March
		2hrs 40mins: Eigergletscher Guesthouse	033-828-78-66	guesthaus@jungfrau.ch		b, d
5		Kleine Scheidegg			www.bahnhof-scheidegg.ch	
	6, 7	1hr 10mins: Bahnhof Restaurant, Kleine Scheidegg	033 855 11 51	info@bahnhof-scheidegg.ch		b, d: all year
		Hotel Bellevue des Alpes	033 855 12 12	welcome@scheidegg-hotels.ch	www.scheidegg-hotels.ch	100b: June– Oct
		5mins: Restaurant Grindelwaldblick	033 855 13 74	grindelwaldblick@grindelwald.ch	www.grindelwaldblick.ch	90d: June– Oct & Dec– April
		5hrs: The Alpenhof, Stechelberg	033 855 12 02	alpenhof@stechelberg.ch	www.alpenhof-stechelberg.ch	44b: Dec– Oct
6		Hotel Stechelberg	033 855 29 21	hotel@stechelberg.ch	www.stechelberg.ch	30b: mid-Dec– Oct
	8	Valley Hostel in Lauterbrunnen				
	9	Mountain Hostel in Muren				
		Stechelberg to Wilderswil				
		45mins: Berghaus Trachsellauenen	033 855 12 35			20b: mid-May-mid-Oct
		+ 1hr 35mins: Hotel Tschingelhorn	033 855 13 43			18b, 23d: June– end-Sept

7		4 ½ hrs (+ 20mins): Berghotel Obersteinberg	033 855 20 33		www.stechelberg.ch/berggasthae	15b, 30d: June– end Sept
		+ 1hr: Busenalp	mob: 079 364 70 22			5d: July-mid-Sept
8	10	4 ½– 5hrs: Rotstock Hut	033 855 24 64		www.rotstockhuetten.ch	50d: June– end Sept
9		4 ½– 5hrs: Pension Suppenalp	033 855 17 26	info@suppenalp.ch	www.suppenalp.ch	8b, 22d: mid-June– end-Sept
	11	5mins: Pension Sonnenberg	033 855 11 27	sonnenberg@bluewin.ch	www.muerrren.ch/sonnenberg	9b, 40d
10	12	3hrs 30mins: Suls-Lobhorn Hut	079 656 53 20			24d: June– mid-Oct
		3hrs: Hotel Alpenrose, Saxeten	033 822 18 34	alpenrose@saxeten.net		24b: all year
		1hr 15mins: Gasthof Hirschen, Wilderswil	033 822 35 51			11b: Feb– Dec
End		Luna Motel, Wilderswil	033 822 84 14	mail@luna-motel.com	www.luna-motel.com	46b: all year
		>>>>> Highlights in Yellow are where we stayed on the trail.				
		Updates:				
		Mar-14				
		Please note that neither refreshments nor accommodation are available any longer at Busenalp on Stage 7 (page 99 of the 2nd edition - 2012 reprint) of the TJR.				
		Jun-11				
		Page 73. The Guest House at Eigergletscher is now closed. The next opportunity is on the Kleine Scheidegg www.bahnhof-scheidegg.ch				
		May-10				
		Page 65. Please note that Berghaus Des Alpes at Alpiglen, used on Stage 3, has changed its name to BERGHAUS ALPIGLEN - all other details remain the same.				
Other Links						
					www.jungfraubahn.ch	
		Airtime - for booking adventures			http://www.airtime.ch/booking/bookingE.html	